

Below are step-by-step instructions outlining the sample collection process.

## BEFORE SAMPLE COLLECTION:

1. Check the expiration date on the tube. If the tube is expired, please use an unexpired tube.
2. Complete all sections of the Test Requisition Form.
3. Remove the barcoded label from the inside lid of the shipping box and affix it to the "Specimen ID" section at the top right of the Test Requisition Form.
4. Verify the patient has completed and signed the Patient Consent form.

## SAMPLE COLLECTION:

1. Draw 4mL of blood in provided vacutainer (lavender top). Two forms of patient identification are required on the blood tube: **write the patient's name and date of birth on the blood tube.**
2. **Write the date and time of collection on the blood tube.**
3. To ensure sample viability, please collect and ship blood specimens Monday through Thursday only.

## PACKAGING AND SHIPPING THE SAMPLE:

1. Remove biohazard bag and FedEx Clinical Pak from the shipping box.
2. Place the completed Test Requisition Form and Consent in the front pouch of the biohazard bag.
3. Place the sample in the provided biohazard bag and seal it.
4. Place the biohazard bag with the specimen and accompanying paperwork into the shipping box.
5. Seal the shipping box by removing the adhesive strip on the lid and inserting the side flaps into the side panels. Push down firmly to ensure it is sealed.
6. Place the shipping box into the FedEx Clinical Pak and seal. A Priority Overnight return billable stamp is on the FedEx Clinical Pak.
7. Ship immediately by calling FedEx at 1-800-GOFEDEX (800-463-3339), or drop off the package at your nearest FedEx service office.

### CONTACT INFORMATION:

Client Services  
clientservices@pathway.com

Genetic Counseling  
counselors@pathway.com

PATHWAY GENOMICS  
4755 Nexus Center Drive.  
San Diego, CA 92121  
877-505-7374